

Interclub 2

Leuven CrossFit Super 7 02&03/04/2022

Classic Powerlifting

PPCM 1

			LG	Klasse	SQ	BP	DL	TotalKg	Points
Sonita Muluh	DA SEN	PPCM	100.4	84+	207.5	105	240	552.5	98,430
Rob Esselens	SEN	PPCM	92.2	93	267.5	192.5	282.5	742.5	97,545
Steve Ringoot	SEN	PPCM	147.9	120+	310	230	310	850	90,698
									286,673

UPH 1

Jonathan Celis	JUN	UPH	96.3	105	270.5	175	275	720.5	92,676
Marijn Gijzen	SEN	UPH	100.1	105	240	175	290	705	89,019
Cedrick Hayen	SEN	UPH	66	66	193.5	137.5	230	561	87,451
									269,146

PM 1

Yannick Henno	SEN	PM	103.8	105	270	185	235	690	85,648
Stefanie Verhulst	DA SEN	PM	51.4	52	120	67.5	142.5	330	84,168
Dieter Vandoren	SEN	PM	90.6	93	190	155	250	595	78,842
									248,658

UPH 2

Mo Van der Hallen	SEN	UPH	91	93	225	137.5	260	622.5	82,308
Thomas Declerck	JUN	UPH	65.8	66	186	143	192.5	521.5	81,424
Charles D'Haene	SEN	UPH	82.2	83	200	132.5	250	582.5	81,029
									244,761

UPH 3

Tom Van Delm	SEN	UPH	82.6	83	195	125	245	565	78,402
Noa Depaepe	JUN	UPH	106.4	120	235	140	262.5	637.5	78,226
Yanis Boujoubou	SUB JUN	UPH	72.7	74	180	120	207.5	507.5	75,196
									231,824

PM 3

Kevin Cordemans	SEN	PM	76	83	190	135	215	540	78,191
Niels Boermans	SEN	PM	91.5	93	190	155	235	580	76,482
Florien Ryckebosch	DA SEN	PM	62.4	63	127.5	67.5	150	345	75,950
									230,623

Atlas Gym 1

Robin Neyt	JUN	AG	105	105	240	142.5	255	637.5	78,708
Auke Van Dorland	JUN	AG	100.4	105	212.5	157.5	235	605	76,284
Faruk Bag	JUN	AG	74	74	177.5	105	220	502.5	73,772
									228,764

PAC 1

Ugur Yildiz	SEN	PAC	72.9	74	175	125	225	525	77,677
Wouter Vertessen	SEN	PAC	91.6	93	210	125	237.5	572.5	75,453
Thibeau Zancaner	SEN	PAC	82.3	83	175	115	195	485	67,425
									220,555

GG 16 CL

Nick Blockmans	JUN	GG 16	62.5	66	181.5	125	210	516.5	82,877
Rik Houben	M 40	GG 16	90.7	93	205	137.5	222.5	565	74,826
Romy Tisson	DA SEN	GG 16	44.4	47	65	37.5	82.5	185	54,385
									212,088

PM 4

Chaim Adriaens	JUN	PM	97.1	105	205	122.5	240	567.5	72,706
Dries Joncheere	SEN	PM	79	83	165	120	205	490	69,554
Bram Miermans	SEN	PM	84.2	93	175	100	215	490	67,340
									209,600

SMTK 1

Evelien Artoos	DA M 40	SMTK	59.9	63	120	60	145	325	73,548
Andy Beliën	SEN	SMTK	104.4	105	200	125	235	560	69,325
Manuel Cavens	SEN	SMTK	79.7	83	160	105	195	460	65,002
									207,875

UPH 5

Berend Duimel	JUN	UPH	80.3	83	177.5	137.5	212.5	527.5	74,256
Joeri Vertongen	SEN	UPH	81.1	83	160	110	205	475	66,528
Gianni Mampaey	SEN	UPH	90.4	93	170	100	200	470	62,346
									203,130

PAC 2

Arne Riobello	JUN	PAC	90.2	93	170	117.5	220	507.5	67,394
Tom Driesskens	JUN	PAC	90.4	93	167.5	115	225	507.5	67,321
Deborah Butera	DA SEN	PAC	74.2	76	112.5	65	152.5	330	65,816
									200,531

PM 6

Lars Leenders	SEN	PM	81.1	83	202.5	162.5	192.5	557.5	78,083
Nele De Bruyn	DA SEN	PM	66.9	69	102.5	60	127.5	290	61,149
Gregory Osipov	JUN	PM	68.4	74	122.5	72.5	165	360	55,071
									194,303

PPCM 3

Ian De Ridder	JUN	PPCM	77.1	83	190	120	220	530	76,180
Lien Van Buggenhout	DA SEN	PPCM	80.3	84	130	85	140	355	68,285
Jeroen Leemans	SEN	PPCM	82.4	83	160	0	175	335	46,543
									191,008

CF Super 7 1

Lieze Linden	DA SEN	CFS7	55.4	57	87.5	55	132.5	275	65,927
Rik Vandenbergh	SEN	CFS7	93.5	105	180	112.5	190	482.5	62,957
Frederik Schroeders	SEN	CFS7	82.7	83	135	102.5	205	442.5	61,366
									190,250

UPH 6

Chanel Thibaut	DA SEN	UPH	59.2	63	105	60	137.5	302.5	69,024
Julian Dijckmans	SEN	UPH	80.7	83	160	107.5	200	467.5	65,643
Nathalie Maes	DA SEN	UPH	64.9	69	77.5	45	105	227.5	48,851
									183,518

PPCM 4

Ciprian Anghel	JUN	PPCM	118	120	215	130	225	570	66,750
Annelies Van de velde	DA JUN	PPCM	55.9	57	95	65	117.5	277.5	66,064
Keanu Robberechts	JUN	PPCM	142.2	120+	170	85	200	455	49,295
									182,109

PAC 3

Ellen Depreitere	DA JUN	PAC	108.6	84+	132.5	57.5	165.5	355.5	62,134
Andrea Costa	JUN	PAC	58	59	112.5	70	160	342.5	57,196
Lawrence Timmermans	SEN	PAC	73.3	74	140	80	165	385	56,801
									176,131

PPCM 2

Rik De Grauwe	JUN	PPCM	79.1	83	210	155	235	600	85,112
Niko Van den brande	SEN	PPCM	118.6	120	257.5	162.5	270	690	80,622
									165,734

CF Super 7 2

Geert Alaerts	M 50	CFS7	121.9	120+	175	100	220	495	57,151
Alisia Stoffels	DA JUN	CFS7	66.4	69	85	52.5	127.5	265	56,125
Emma Oostlander	DA SEN	CFS7	66.9	69	80	57.5	102.5	240	50,606
									163,882

PPCM 5

Hans Vander staak	JUN	PPCM	64.4	66	150	110	185	445	70,276
Haroen Ringoot	JUN	PPCM	68.9	74	130	100	180	410	62,479
Chesney Goossens	SEN	PPCM	73.6	74	145	0	0	145	21,347
									154,102

Interclub 2 VGPF
Leuven CrossFit Super 7 | 02&03/04/2022

Classic Bench Press

HNS CL BP

Wouter De Saedeleer	SEN	HNS BP CL	116.3	120	212.5	212.5	90,873
Lieven De Saedeleer	SEN	HNS BP CL	101.1	105	175	175	79,757
Reinout De Saedeleer	SEN	HNS BP CL	96.5	105	150	150	69,899
							240,529

UPH 10

Kenji Borremans	SUB JUN	UPH 10	91.3	93	147.5	147.5	70,618
							70,618

Scheidsrechters Sessie 1

Emmerik Vanhee
Jeroen Leemans
Niels Boermans

Scheidsrechters Sessie 2

Jeroen Van Heesvelde
Kathleen Compagnie
Anne Daineffe

Scheidsrechters Sessie 3

Gaetan Impens
Michelle Finel
Wouter Vertessen (examinator Jeroen Van Heesvelde)

Scheidsrechters Sessie 4

Kathleen Compagnie
Gaetan Impens
Rinus Jacobs

BELGISCHE RECORDS POWERLIFTING CLASSIC

			KLASSE	SQ	BP	DL	TOTAAL
MULUH	SONITA	DA SEN	84 +	207,5	105		552,5
ESSELENS	ROB	SENIOR	-93		192,5		
CELIS	JONATHAN	JUNIOR	-105	270,5			
HAYEN	CEDRICK	SENIOR	-66	193,5			561
VERHULST	STEPHANIE	DA SEN	-52	120		142,5	330
DECLERCK	THOMAS	JUNIOR	-66	186	143		
TISSON	ROMY	DA SEN	-47			82,5	
ARTOOS	EVELIEN	DA M 40	-63	120		145	
DEPREITERE	ELLEN	DA JUN	84 +			165,5	
HAEK	BO	DA JUN	-84	145	90,5	158	393,5
VANDENABEELE	ANNELIEN	DA SUB JUN	-57	120		125	287,5

RECORDS V G P F POWERLIFTING CLASSIC

			KLASSE	SQ	BP	DL	TOTAAL
MULUH	SONITA	DA SEN	84 +	207,5	105		552,5
ESSELENS	ROB	SENIOR	-93		192,5		
CELIS	JONATHAN	JUNIOR	-105	270,5			
HAYEN	CEDRICK	SENIOR	-66	193,5		230	561
VERHULST	STEPHANIE	DA SEN	-52	120		142,5	330
DECLERCK	THOMAS	JUNIOR	-66	186	143		521,5
TISSON	ROMY	DA SEN	-47			82,5	
ARTOOS	EVELIEN	DA M 40	-63	120		145	
DEPREITERE	ELLEN	DA JUN	84 +			165,5	
HAEK	BO	DA JUN	-84	145	90,5	158	393,5
VANDENABEELE	ANNELIEN	DA SUB JUN	-57	120		125	287,5

BELGISCHE RECORDS POWERLIFTING EQUIPPED

			KLASSE	SQ	BP	DL	TOTAAL
COMPAGNIE	KATHLEEN	DA M 40	-63	165		157,5	427,5

RECORDS V G P F POWERLIFTING EQUIPPED

			KLASSE	SQ	BP	DL	TOTAAL
COMPAGNIE	KATHLEEN	DA M 40	-63	165		157,5	427,5

BELGISCHE RECORDS BENCH PRESS SINGLE CLASSIC

			KLASSE	BP
MULUH	SONITA	DA SEN	84 +	105
HAEK	BO	DA JUN	-84	90,5
ESSELENS	ROB	SENIOR	-93	192,5
DECLERCK	THOMAS	JUNIOR	-66	143

RECORDS V G P F BENCH PRESS SINGLE CLASSIC

			KLASSE	BP
MULUH	SONITA	DA SEN	84 +	105
HAEK	BO	DA JUN	-84	90,5
ESSELENS	ROB	SENIOR	-93	192,5
DECLERCK	THOMAS	JUNIOR	-66	143